



TN076

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# ELIXIR

The Flow of Magical Writing

September  
2025



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# Editorial



## Rise Above, Shine Beyond

*Dear Students,*

Every student has a story waiting to be written, a dream waiting to be fulfilled, and a future waiting to be shaped. The journey of school life is not just about books and examinations—it is about building the courage to dream, the discipline to work hard, and the resilience to rise again after every fall.

Success never comes overnight. It is the result of patience, perseverance, and a positive attitude. Think of the tallest mountain—it was not climbed in a single stride, but step by step, with determination and belief. In the same way, your small acts of discipline today—studying sincerely, respecting teachers, helping friends, and being consistent—will one day lead you to great achievements.

Failures, too, are part of the journey. They are not signs of weakness but lessons that make you stronger. Every time you stumble, rise again with more courage. Remember that champions are not those who never fall, but those who never give up.

As you read through this magazine, let it inspire you to recognize your own strengths. Nurture your talents, aim high, and believe that nothing is impossible if you work with dedication. The world is waiting for your light—so rise above challenges and shine beyond limits.

Best wishes for your bright future.



*Mrs. Thamary R.  
Department of English*



To say I'm sorry  
Is not enough.  
I know I hurt you  
But you didn't fuss.  
You didn't deserve  
The things that I said.  
I wish I could take it back  
And start afresh.  
Forgive me I was wrong,  
Let's put the past behind us  
And start again.



*Aarush. S  
II-Sapphire*

## *Whispers of the Sea...*

The sea is big and full of sound,  
With waves that splash and move around.  
It talks to me in soft low tones,  
With sandy shores and shiny stones.

The wind is light, the sky is wide,  
The boats all float and gently glide.  
At night, the stars shine up above,  
The sea feels calm, like gentle love.

So when you sit and cheer,  
The sea will whisper in your ear.

*B. Jeffriya Bini  
IV-Jade*

# The Lazy Boy

Story

Once up on a time, there was a boy named Rohan. He was always lazy. One day he was playing with his friends in his room. Rohan and his friends were hungry. Rohan called his mother. Then he remembered that she went to mall, he was too lazy to go to the kitchen. He asked one of his friends, Johan. He went to the kitchen and took some chips and juice. Whenever he needed to do the work, he asked his friends and they agreed to do it. After doing all the works, Rohan again asked his friends to do some work. His friends were very tired and went home. After 20 days, he called his friends but this time they said 'No', Rohan was sad. He was wondering why they hadn't come. He was thinking again and again. After three days, one of his friends called him and said that they were sad of every single thing, he asked to do to them. Rohan said to his mother whatever had happened. His mother said that she had witnessed everything that happened on the particular day and said that his friends taught a good lesson to him.

Moral : **Never be lazy.**

*Emisha Vini J  
III-Ruby*

## Train Your Brain

1. The more you take, the more you leave behind. Who am I?
2. I transform Iron to red. Slowly, like it's being bled. Who am I?
3. The person who makes it, sells it. The person who buys it, never uses it. The person who uses it, never knows they're using it. What is it?
4. What is the smallest positive number, which when spelled out, has its letters in alphabetical order?
5. I fall but never hit the ground. Who am I?
6. Why do bicycles fall over?

### Answer

1. Footsteps
2. Rust
3. A coffin
4. Forty
5. Temperature
6. They are two – tired (too tired)

*R. Evelin Felisha  
XI-Med*

# The Fox and the Stork



A selfish fox once invited a stork to dinner at his home in a hollow tree. That evening, the stork flew to the fox's home and knocked on the door with her long beak. The fox opened the door and said, "Please come in and I will share my food".

The stork was invited to sit down at the table. She was very hungry and the food smelled delicious!

The fox served soup in shallow bowls and he licked up all his soup very quickly. However, the stork could not have any of it as the bowl was too shallow for her long beak. The poor stork just smiled politely and stayed hungry. The selfish fox asked, "Stork, why haven't you taken your soup? Don't you like it?" The stork replied. "It was very kind of you to invite me for dinner. Tomorrow evening, please join me for dinner at my home".

The next day, when the fox arrived at the stork's home, he saw that they were also having soup for dinner. This time the soup was served in tall jugs. The stork drank the soup easily but the fox could not reach inside the tall jug. This time it was his turn to go hungry.

Moral : **Never be selfish.**

(A Classic Tale Retold)



*Rakshana R  
V-Sapphire*

# Ghibli Art

## Formation

Founded in 1985 by three Japanese animation industry, Hayao Miyazaki, Isao Takahata, and Toshio Suzuki. Its headquarters is in Koganei Tokyo, Japan.

## Trending

Initially, the trend started with digital artist replicating the animation style of studio Ghibli in their drawing. Soon, all created their own Ghibli art and it became trending.

## Advantages

It maintains a delicate balance of soft colours, complicated backgrounds, and smooth motion. It creates a world that feels both immersive and timeless.

## Disadvantages

- High level of Detail and complexity
- Style constraints
- Cultural Specificity

## Characteristics

- Handrawn Animation
- Fantasy World
- Emotional Tone
- Magical Realism
- Anime Type Creation



*John Hoshiya J.M*  
*VIII-Topaz*

# 7 Friends

In a world so wide, with skies so blue,  
I found seven stars, steady and true.  
Each one is a light in my darkest night,  
Together we shine, forever bright.

Alfina, the artist, paints dreams in the air,  
With colours of kindness and a heart so rare.  
Kirithika brings laughter and happiness.  
Her smile is sunshine for you and me.

Jefolin, the wise, with stories so deep,  
Knows all our secrets and still can keep.  
Jessiya, so bold stands tall and strong,  
She leads us right when things go wrong.

Anshina, the soft one, gentle and kind,  
She sees the good we're trying to find.  
Sreeksha is the fire, fierce and wild,  
She guards us all, love in her style.

And then there's me, just Jessica here,  
Writing this poem for friends so dear.  
Through ups and downs, near or far,  
We stay together-just like we are.

Seven hearts, seven souls, perfectly blend,  
A circle unbroken, friends till the end.



*Jessica J  
VIII-Jade*

# Love You Black Forest

Blacky! Blacky! Black forest Yummy! Sweet cake!. Where did you get your heavenly taste? Did you get from your father or did you get from your mother? You might have got from both of them from German; That's why you are the king of cakes!

You are so soft and tender,  
Softy! Softy! My sweety,  
Spongy spongy my beauty,  
Melting Melting in my mouth,  
Me too melting along with you;

You should come on my birthdays,  
Without you;  
I will never cut my cake.  
You are my all time favourite  
Love you so much.



*Annie Angel S.F  
VI-Topaz*

# தேசியக் கொடி

கொடியைப் பாரு கொடியைப் பாரு  
நம்நாட்டுக் கொடியைப் பாரு  
பச்சை வெள்ளை காவி பாரு  
வெள்ளை வாய்மை உரைக்கும் பாரு  
பட்டொளி வீசிப் பறக்குது பாரு  
பச்சை வளத்தைக் குறிக்கும் பாரு  
காவி தியாகம் உணர்த்தும் பாரு  
சக்கரம் சொல்லும் ஒருமைப்பாடு  
பெருமையோடு வணக்கம் சொல்.

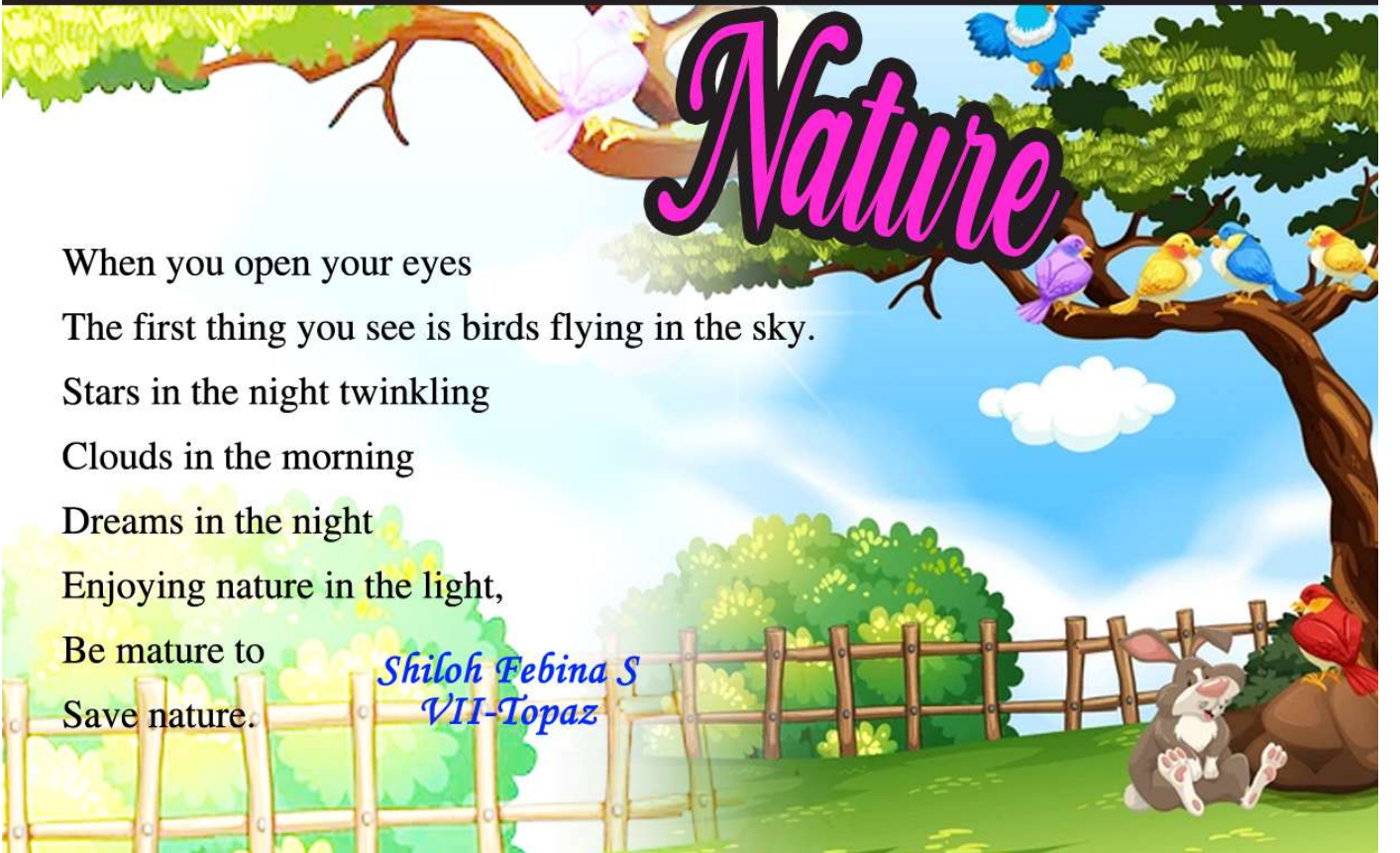


*V.V. Advetha Vino  
II-Topaz*

## Nature

When you open your eyes  
The first thing you see is birds flying in the sky.  
Stars in the night twinkling  
Clouds in the morning  
Dreams in the night  
Enjoying nature in the light,  
Be mature to  
Save nature.

*Shiloh Febina S  
VII-Topaz*



# Can You Answer?



1. Mary has 4 daughters, and each of her daughters has a brother. How many children does Mary have?
2. Which is heavier a ton of bricks or a ton of feathers?
3. If there are 40 apples and you take away 5, how many apples do you have?
4. What is always in front of you but can't be seen?
5. There is a one – storey house in which everything is yellow. Yellow walls, Yellow doors, Yellow furniture. What colours are the stairs?
6. What goes up but never comes down?
7. What gets wet while drying?
8. A man of 72 years celebrates his 18<sup>th</sup> birthday?
9. John's parents have 2 sons. One is Jack, then the other one is?
10. What has many keys but can't open a single lock?

1. 5 children (each daughter has same brother)
2. Both are equal (Both weigh a ton)
3. 5 (you take 5, so you have 5)
4. Future
5. There are no stairs (one – storey house)
6. Age
7. Towel
8. He was born on 29<sup>th</sup> February
9. John
10. Piano

**Answers**

*Tharanath. V  
X-Topaz*

# Funny Riddles

## Riddle No. : 1

I have hands but no arms, a face but no eyes. I spin in circles but never get dizzy. Who am I?

## Riddle No. : 2

The more you take from me the bigger I become. Who am I?

## Riddle No. : 3

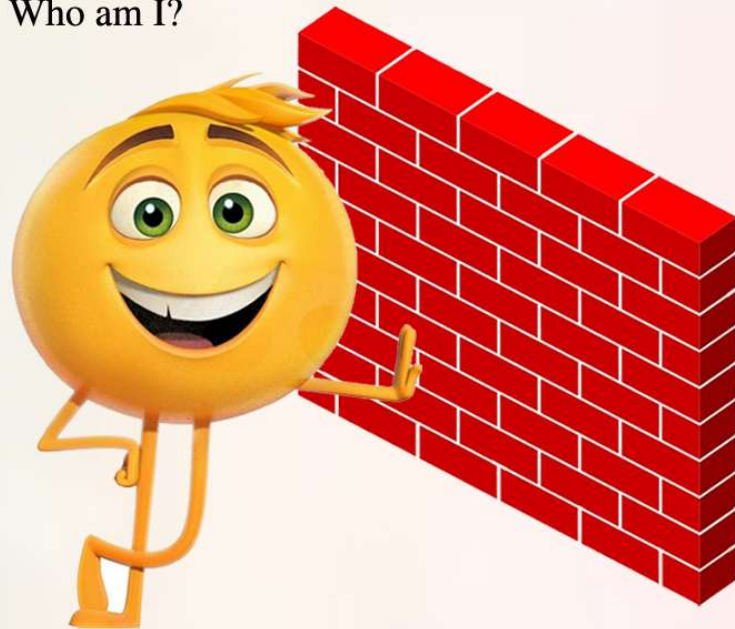
I can only live where there is light but if the light shines on me, I die. Who am I?

## Riddle No. : 4

I hold secrets in plain sight, never lying down, never blinking. Each time I open up, you grow wiser. Who am I?

### Answers

1. A clock
2. A hole
3. A shadow
4. A book



*K. Sarnitha  
VI-Ruby*

# General Knowledge: A Window to the World

General Knowledge, or GK, is more than just a subject in school—it is a valuable tool that equips us with an understanding of the world around us. A strong base of GK helps us connect with different subjects, stay aware of current affairs, and develop important cognitive skills.

## Importance of General Knowledge:

-  Encourages curiosity: By learning about diverse topics, students are encouraged to ask "how" and "why," which fosters a lifelong desire to learn.
-  Boosts academic performance: GK complements traditional subjects like science, history, and geography, giving students a deeper understanding and better context for their studies. This enhanced comprehension often leads to better exam results.
-  Enhances critical thinking: A broad base of knowledge helps students analyze information and make more informed decisions. This skill is crucial for success in and outside the classroom.
-  Prepares for the future: Competitive exams, entrance tests, and job interviews often include a section on general knowledge. Building this foundation early helps prepare students for these challenges.
-  Improves social skills: Knowing about different cultures, places, and events can boost your confidence when speaking with others. It helps start conversations and connect with people from diverse backgrounds.

## Ways to Build Your General Knowledge:

You can improve your general knowledge every day by incorporating simple habits into your routine.

-  Read the news: Make it a habit to read newspapers, magazines, or credible news websites daily. This keeps you updated on local and world events.
-  Explore new topics: Don't limit yourself to academic texts. Dive into topics that interest you, whether it's science, art, sports, or history.
-  Watch documentaries: Informative videos and documentaries can make learning about complex subjects like space, nature, and technology more engaging.
-  Play games and quizzes: Educational apps and quiz shows offer a fun way to test and expand your knowledge in a competitive and entertaining way.
-  Ask questions: Whenever you encounter something new or interesting, ask questions and seek answers. This simple practice will help you discover a lot.

By making general knowledge a part of your daily life, you are not just memorizing facts; you are shaping yourself into a well-rounded and aware individual.

*Mrs. Suganthi*  
*Department of General Knowledge*

# Nanochemistry:

## *The Chemistry of the Very Small*

### Introduction

Nanochemistry is a cutting-edge branch of chemistry that deals with the design, synthesis, and manipulation of materials at the nanoscale — typically between 1 and 100 nanometers. At this scale, materials often exhibit unique physical and chemical properties that differ from their bulk counterparts, opening doors to revolutionary applications in medicine, electronics, energy, and materials science.

### What is Nanochemistry?

Nanochemistry combines chemistry with nanoscience to create new materials with novel functions. It involves the controlled assembly of atoms and molecules to form nanostructures such as nanoparticles, nanotubes, nanowires, and quantum dots. Unlike traditional chemistry, where reactions occur on a macroscopic scale, nanochemistry focuses on how individual molecules interact and behave when they are confined to nano-sized dimensions.

## Nanoscience in Medicine

### Introduction

Nanoscience studies materials and devices on the scale of nanometers (1 to 100 nanometers), a scale at which matter behaves very differently from the bulk material. In medicine, nanoscience is opening up revolutionary possibilities for diagnosing, treating, and preventing diseases more effectively and precisely than ever before.

### What is Nanoscience in Medicine?

Nanoscience in medicine—often called nanomedicine—involves the use of nanoscale materials and technologies to interact with biological systems at the molecular and cellular levels. Because these materials are so small, they can enter cells, cross biological barriers, and interact with biomolecules in ways traditional medicine cannot.

## Key Applications of Nanoscience in Medicine

### 1. Targeted Drug Delivery

Nanoparticles can be designed to carry drugs directly to diseased cells, such as cancer cells, without harming healthy cells. This improves the effectiveness of the treatment and reduces side effects.

- Examples: Liposomes, dendrimers, and polymeric nanoparticles used to deliver chemotherapy drugs.

## 2. Diagnostic Imaging

Nanomaterials enhance the quality of medical imaging by improving contrast and enabling the detection of diseases at earlier stages.

- Examples: Quantum dots and magnetic nanoparticles used in MRI or fluorescence imaging to highlight tumors or other abnormalities.

## 3. Regenerative Medicine

Nanomaterials help in tissue engineering and regeneration by providing scaffolds that promote the growth of new cells and tissues.

- Example: Nanofibers used to support bone and skin regeneration.

## 4. Biosensors and Disease Detection

Nanosensors can detect minute amounts of biological markers, enabling rapid and early diagnosis of diseases like cancer, diabetes, and infectious diseases.

## 5. Gene Therapy

Nanocarriers can deliver genetic material such as DNA or RNA to specific cells to correct genetic disorders or fight diseases.

Advantages of Nanomedicine

- Precision: Targets specific cells or tissues.
- Reduced Side Effects: Limits drug exposure to healthy cells.
- Improved Bioavailability: Enhances absorption and effectiveness of drugs.
- Early Diagnosis: Detects diseases before symptoms appear.
- Minimally Invasive: Allows treatment without major surgery.

## Challenges and Future Outlook

While nanomedicine offers many benefits, it faces challenges like ensuring safety, avoiding toxicity, overcoming regulatory hurdles, and reducing production costs. Ongoing research aims to address these issues.

The future of nanomedicine looks promising with emerging technologies like nano-robots for surgery, smart drug delivery systems, and personalized medicine tailored to individual genetic profiles.

## Conclusion

Nanoscience is transforming medicine by making diagnosis and treatment more precise, effective, and personalized. As this field grows, it holds the potential to greatly improve patient care and outcomes across a wide range of diseases.



*Mrs. Reena S.K*  
*Department of Chemistry*

# A Classroom Called Life

A room that taught us pain,  
That puts lucubration into vain;  
That bringeth our mouths to curve,  
That made us to feel love.

A room that heard us laugh and cry,  
Where we felt “trust” above the sky;  
Yet giveth stabs and rigids the soul,  
‘Till the room takes a toll.

A room that was never soothed,  
Which had hideth grieves untold;  
Where we had fallen behind,  
But we never failed to be intertwined.

A room that raiseth us so fine,  
That contains guides whom art Divine;  
It's A classroom called life,  
A room with plush and knife.



*Benlee Shanica B.  
XII-Med 1*

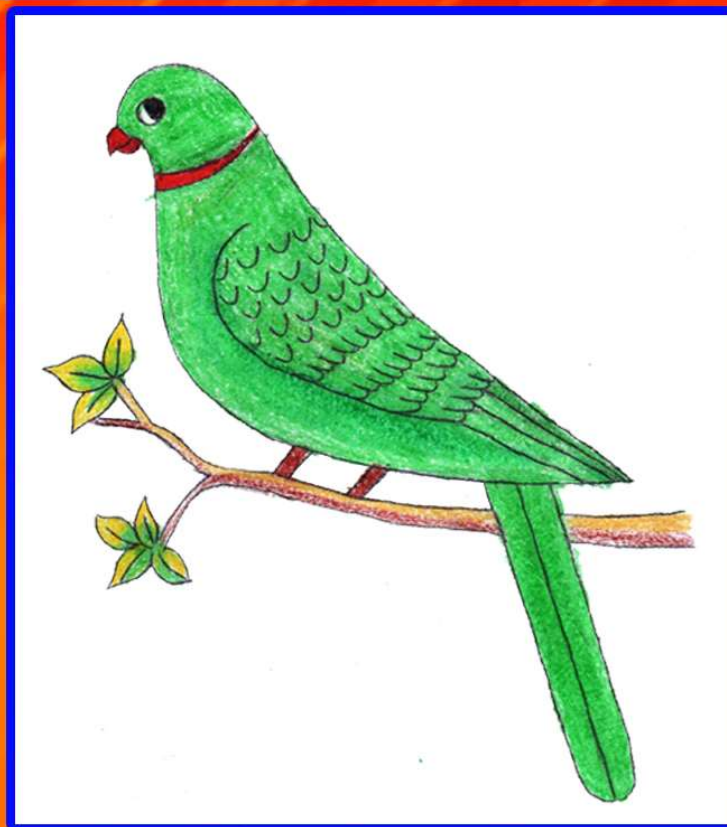
Divine - Godly

Room - Life (Classroom)

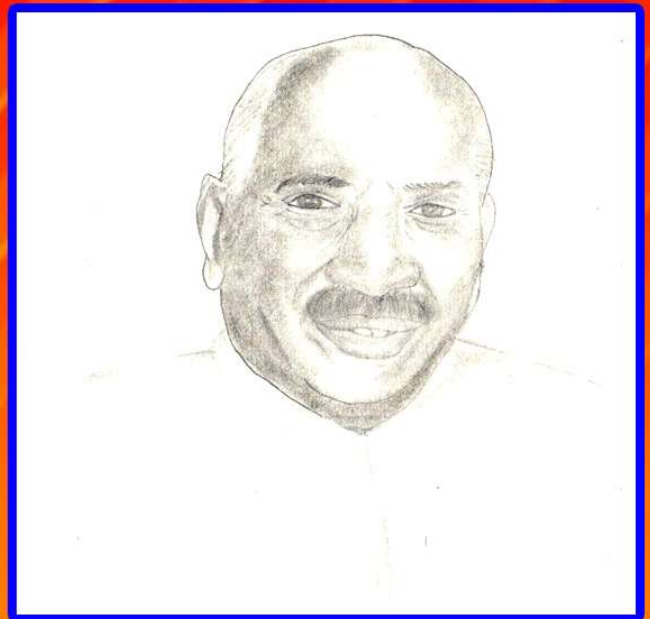
Guides - teachers

Line 6, 7 - Life teaches us to trust and not to trust anybody, classroom is the best room to experience this, it strengthens our heart.

Line 8 - Until Life takes a toll and everything turns opposite.  
(it might make us weak)



*Johanna J  
II-Jade*



*Ahilesh J.V  
VII-Topaz*



*Hannah. S  
XI-Med*



*Nathukeash S.P  
VII-Jade*